

## “Gotta Have It” List

One area of heartbreak at state and international HOSA competitive events is a failure to bring the needed materials/supplies to an event for orientation or competition. Every year, competitors work hard, only to lose points because they are not prepared.

Be prepared! This document lists what you need to bring to SLC. Some needs will vary if you choose to go to ILC. Please be sure to check these changes and check the ILC “Gotta Have It Chart” on the national website\*. Remember this supply list is per team, so if items are disposable and your chapter is sharing a kit, you may need more of disposable items.

Event	Competition Notes	Supplies
<b>Biomedical Debate</b> Topic: “Mandatory Vaccines Will Eradicate Global Disease”	<ul style="list-style-type: none"> <li>It is the responsibility of the competitor to manage their time when speaking.</li> <li>See speaker flow chart on Biomed Debate Short Sheet.</li> </ul>	<input type="checkbox"/> Prepared topic materials (hard copy only) <input type="checkbox"/> 8 1/2 x 11” paper or index cards (optional) <input type="checkbox"/> Watch or stopwatch (optional) <input type="checkbox"/> Writing utensil
<b>Biomedical Laboratory Science</b>	<ul style="list-style-type: none"> <li>At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Disposable masks with ties or loops <input type="checkbox"/> Disposable gown <input type="checkbox"/> Disposable non-latex gloves <input type="checkbox"/> Safety glasses, face shield, or goggles <input type="checkbox"/> Sterile non-latex surgical gloves <input type="checkbox"/> Writing utensil
<b>CERT Skills</b>	<ul style="list-style-type: none"> <li>At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>Teams will be given the skills one at a time.</li> <li>Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> 12 pairs of non-latex exam gloves <input type="checkbox"/> 2 goggles/safety glasses <input type="checkbox"/> 2 dust masks <input type="checkbox"/> 2 helmets (may be verbalized) <input type="checkbox"/> Boots (may be verbalized) <input type="checkbox"/> Scissors <input type="checkbox"/> Plain paper or notecards <input type="checkbox"/> Masking tape <input type="checkbox"/> Clipboard and spiral notebook (optional)
<b>Clinical Specialty</b>	<ul style="list-style-type: none"> <li>The 2 extra copies of portfolio should be turned into HOSA Central by 6:00pm on Tuesday for screening.</li> <li>All competitors shall report to the event site at 8:00am. - Judges then</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Portable DVD player, laptop, or tablet with skill pre-loaded that operates on battery power <input type="checkbox"/> Personal copy of the career portfolio in blue or black plain binder*

	<p>distribute appointed times to each qualifying competitor that will be in 15 minute intervals.</p> <ul style="list-style-type: none"> <li>• The judges will call the competitor into the event room. The judges will have 3 minutes to review the competitor's portfolio contents while the competitor prepares his/her digitally recorded demonstration of a skill related to the chosen career.</li> <li>• Students must be able to be seen in the video.</li> <li>• Event will be prescreened to verify that the identified career and skill is NOT duplicated in other HOSA events.</li> </ul>	<input type="checkbox"/> 2 extra printed copies of the portfolio for judges
<b>Community Awareness</b>	<ul style="list-style-type: none"> <li>• Students will receive appointment times written on an index card, at orientation. These will be 9-minute intervals. Students must stay in vicinity of room.</li> <li>• At their appointed time, each team will enter the event room and turn in 2 copies of their paper for the judges.</li> <li>• The team may include items they developed to support their project such as pamphlets or brochures. If these are included, they must be placed in a binder pocket. This pocket counts as one page, and may contain up to three (3) items of the team's choosing.</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Team's portfolio in a blue or black plain binder* <input type="checkbox"/> 2 extra printed copies of the portfolio for judges <input type="checkbox"/> Notes written on index cards or electronic notecards (optional) <input type="checkbox"/> Watch with a second hand (optional)
<b>CPR/1st Aid</b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Teams will be given the skills one at a time.</li> <li>• The team has a total of 12 minutes to treat victims.</li> <li>• HOSA follows American Heart Association guidelines for CPR for healthcare providers. Steps may differ from those recommended by the American Red Cross.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Cravats (5-10) <input type="checkbox"/> Sterile gauze 4x4s, (6-10 total) <input type="checkbox"/> Any size roller bandages (4-6) <input type="checkbox"/> One trauma dressing (ABD) <input type="checkbox"/> Non-stick sterile dressings <input type="checkbox"/> Mouth to mask device (infant and adult) <input type="checkbox"/> Bag-mask device (adult and infant) <input type="checkbox"/> Biohazard bag <input type="checkbox"/> Hand sanitizer <input type="checkbox"/> Cell phone for simulating 911 call <input type="checkbox"/> One pair of scissors <input type="checkbox"/> Adhesive tape <input type="checkbox"/> PPE: 10 pair of non-latex gloves and 2 sets of goggles or safety glasses

	<ul style="list-style-type: none"> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	
<b><i>Creative Problem Solving</i></b>	<ul style="list-style-type: none"> <li>• The Event Manager will hand out secret topics at 20 minute intervals</li> <li>• Each team will be given an appointment time written on an index card. Students need to stay in vicinity of room.</li> <li>• There will be 30 minutes to prepare presentations per team (secret topics will be handed out to each group at different times)</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil
<b><i>Dental Science</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• We hope to have a mobile dental lab for this event.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Mask <input type="checkbox"/> Disposable mask and gown <input type="checkbox"/> Disposable non-latex gloves, overgloves, utility gloves <input type="checkbox"/> Protective eyewear
<b><i>EMT</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Students have a total of 12 minutes to complete the scenario. Please give a one minute warning and stop them at 12 minutes awarding points for where they finish on the rubrics.</li> <li>• HOSA follows American Heart Association guidelines for CPR for healthcare providers. Steps may differ from those recommended by the American Red Cross.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> PPE: 5 pairs of non-latex gloves, 2 masks, 2 gowns, and 2 goggles or safety glasses <input type="checkbox"/> Cravats (4) <input type="checkbox"/> Gauze 4x4 (6) <input type="checkbox"/> Any size self-adhering roller bandages (6) <input type="checkbox"/> Scissors <input type="checkbox"/> Adhesive tape <input type="checkbox"/> Penlight <input type="checkbox"/> 2 occlusive dressing supplies <input type="checkbox"/> 4 abdominal dressings <input type="checkbox"/> Stethoscope and BP Cuff <input type="checkbox"/> BVM <input type="checkbox"/> Pocket mask and/or appropriate barrier (face shield, etc) <input type="checkbox"/> Tourniquet <input type="checkbox"/> Cell phone for simulating 911 call
<b><i>Extemporaneous Health Poster</i></b>	<ul style="list-style-type: none"> <li>• Supplies are limited to those indicated on the Extemp Health Poster short sheet. Any additional supplies will be confiscated by judges.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Art supplies limited to: pencils/pencil sharpener/erasers/ ruler/instruments used for drawing arcs, angles and curves

	<ul style="list-style-type: none"> <li>Competitors are permitted to use headphones and a personal music player (MP3 player, iPOD, etc.) during this event, provided the volume is low enough so it is only heard by the user.</li> </ul>	(Ie: T-square, protractor)/ ink pens/colored markers/ colored pencils/crayons/ charcoal and pastels/art spray fixative or non-scented hair spray/wet wipes/ paper towels/ white out/chalk/sponges <input type="checkbox"/> Personal music player with headphones (optional)
<b>Extemporaneous Writing</b> *** Orientation and essay will be combined (bring all supplies to orientation)	<ul style="list-style-type: none"> <li>Competitors must bring their own laptops and turn in paper on the flash drive provided to them by HOSA. Students will save their file to RTF or PDF before saving to the flash drive. If it is not saved in one of these formats, the judges may not be able to read their document! - Use of the internet is not allowed. - Each competitor may bring into the event room one (1) dictionary and/or one (1) thesaurus and/or one (1) Taber's Cyclopedic Medical Dictionary. These books will be checked by the judges as the competitor enters the event room. - Competitors can pre-format a Word document on their computer prior to competition which must be formatted as follows: A. Arial 12 pt. font B. 1" margins C. 2.0 spacing D. Title of the Event (Extemporaneous Writing) and essay title on the top of the 1st pg. E. Last name, division, and school name on the top right-hand cloner of all pages F. Pg. number on the bottom right hand corner of all pages</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Electronic device containing a USB port that operates on battery power (talk to SLC planning committee in advance if this is an issue for you) <input type="checkbox"/> Preformatted Word document (optional) <input type="checkbox"/> Software to convert word to .pdf (optional)
<b>Forensic Science</b>	<ul style="list-style-type: none"> <li>For this event teams of 2 members will be given the same case study related to forensic medicine. Teams will have 6 minutes to analyze the evidence in the crime scene and written information - This year it will be set up as a crime scene. The CRIME SCENE will be set up in another room across the hall. The teams will be assigned to three viewing times 2:10- 2:16; 2:18-2:24. 2:26- 2:32. Students will have 6 minutes to analyze and move back to the event room.</li> <li>Teams will be given index cards to take notes if desired.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Highlighters (optional)
<b>Health Career Display</b>	<ul style="list-style-type: none"> <li>Competitors shall report to the orientation for the event. All teams</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Display with references and ID info

	<p>will have 15 minutes to assemble their display in the event room on the provided tables.</p> <ul style="list-style-type: none"> <li>• Students will receive appointment times, on index cards, at orientation.</li> <li>• Students should stay in vicinity of room.</li> <li>• The 2 member team will report back to the display at their assigned appointment time to present a 5 minute prepared oral presentation.</li> <li>• One healthcare career or a cluster of related health careers may be presented. - The maximum dimensions for the display are: Please check each display to ensure compliance. Height = 3 feet, Width = 4 feet, Depth = 2 feet.</li> </ul>	<input type="checkbox"/> Index cards or electronic notecards (optional)
<b><i>Health Career Photography</i></b>	<ul style="list-style-type: none"> <li>• Binder will be dropped off at 1:00pm in the Gallery Room and pre-screened to make sure all requirements are met. Only competitors who have met the requirements will be scored.</li> <li>• At 1:00pm students must bring: - 1) all materials in appropriate portfolio or notebook - 2) 3 printed photos in clear sheet protectors – must be of 3 different careers – size 8.5x11” or smaller - 3) 1 narrative and 1 signed release form for EACH photo - At the given appointment time, students will come into the event room for their round 2 interview.</li> <li>• SEE SPECIAL NOTES ON SHORT SHEET</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Blue or black binder* with cover page, photos, and paperwork. (photos should be in clear sheet)
<b><i>Healthy Lifestyle</i></b>	<ul style="list-style-type: none"> <li>• Competitors shall report to the orientation for the event where they will receive their appointment time and turn in 2 copies of their healthy lifestyle notebook for the judges.</li> <li>• Competitors will have a 6 minute interview with the judges</li> <li>• The notebook is NOT JUDGED. Rather, the competitor’s achievements are judged, and the notebook provides the competitor with a visual aid and proof of his/her accomplishments during the interview with the judges.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Portfolio in a blue or black binder* <input type="checkbox"/> 2 extra copies of portfolio for judges <input type="checkbox"/> Index cards or electronic notecards (optional)

<b><i>Health Education</i></b>	<ul style="list-style-type: none"> <li>• Students will receive an appointment time, on index card, at event orientation.</li> <li>• Competitors will also turn in 2 copies of their notebook at this orientation</li> <li>• HOSA's copy of the notebook should be a black &amp; white or color photocopy on white 8 1/2 x 11" paper that is stapled on the top left corner. It should NOT be hole-punched, placed in page protectors, or included in a notebook. - The two copies of the notebook are for HOSA to keep. The team will use their original portfolio during the interview and WAIT OUTSIDE the room while the original portfolio is judged – and then returned to the team before they leave.</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Original portfolio in blue or black binder* <input type="checkbox"/> 2 copies of portfolio for judges <input type="checkbox"/> Notes written on index cards or electronic notecards (optional)
<b><i>Home Health Aid</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Watch with a second hand <input type="checkbox"/> #2 pencils with eraser <input type="checkbox"/> Non-latex gloves (3 pair) <input type="checkbox"/> Tape- 1/2" or 1" <input type="checkbox"/> Scissors
<b><i>HOSA Bowl</i></b>	<ul style="list-style-type: none"> <li>• It is up to EACH TEAM to be ready for competition at their assigned times.</li> <li>• 10 minutes per competitive round.</li> <li>• Competitors going onto the next round must wait in the "Holding Room" between rounds.</li> <li>• Viewers are only allowed in competition room for final round.</li> </ul>	<input type="checkbox"/>
<b><i>Interviewing Skills</i></b>	IEP Event	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Pens (blue or black) <input type="checkbox"/> Cover letter and resume (3 copies)
<b><i>Job Seeking Skills</i></b>	<ul style="list-style-type: none"> <li>• Interview times will be distributed to ALL competitors (10 minute intervals) at orientation.</li> <li>• The cover letter and resume must be factual and accurate. Competitors should include real work experience and education, and only apply for</li> </ul>	<input type="checkbox"/> Watch with a second hand (optional) <input type="checkbox"/> Writing utensil <input type="checkbox"/> Pens (blue or black) <input type="checkbox"/> Cover letter and resume (3 copies)

	<p>the type of job that he/she is currently qualified to hold.</p> <ul style="list-style-type: none"> <li>• Competitors are allowed up to 20 minutes to complete their job application.</li> <li>• All interviews are 5 minutes.</li> </ul>	
<b><i>Life Support Skills</i></b>	IEP Event	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Cravats (5-10)</li> <li><input type="checkbox"/> Sterile gauze 4x4s, (6-10 total)</li> <li><input type="checkbox"/> Any size roller bandages (4-6)</li> <li><input type="checkbox"/> One trauma dressing (ABD)</li> <li><input type="checkbox"/> Non-stick sterile dressings</li> <li><input type="checkbox"/> Mouth to mask device (infant and adult)</li> <li><input type="checkbox"/> Bag-mask device (adult and infant)</li> <li><input type="checkbox"/> Biohazard bag</li> <li><input type="checkbox"/> Hand sanitizer</li> <li><input type="checkbox"/> Cell phone for simulating 911 call</li> <li><input type="checkbox"/> One pair of scissors</li> <li><input type="checkbox"/> Adhesive tape</li> <li><input type="checkbox"/> PPE: 10 pair of non-latex gloves and 2 sets of goggles or safety glasses</li> </ul>
<b><i>Medical Assisting</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Red pen</li> <li><input type="checkbox"/> Barrier devices (non-latex gloves, gown, safety glasses or goggles, mask)</li> <li><input type="checkbox"/> Non-latex surgical gloves</li> </ul>
<b><i>Medical Innovation</i></b>	<ul style="list-style-type: none"> <li>• Teams have 15 minutes to assemble their innovation and overall table display.</li> <li>• Teams will be assigned timecards to return for their presentations</li> <li>• Teams may not use flames, body fluids, living organisms, sharps, syringes, or potentially hazardous equipment/materials. Invasive procedures and skin puncturing are prohibited. - The work must be the work of the competitors, including the artistic aspects of the display. Any artwork or photographs must be in compliance with copyright laws. - Any sources used for data or information collection must be</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Innovation, display materials, reference page</li> <li><input type="checkbox"/> All needed audio visual equipment (battery operated)</li> <li><input type="checkbox"/> Index cards or electronic notecards (optional)</li> </ul>

	published on a reference page attached to the back of the display or on the table. One page only.	
<b><i>Nursing Assisting</i></b>	<ul style="list-style-type: none"> <li>At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>Note that the competitor has the option of bringing and using his/her own equipment. - You will have one volunteer patient. Judges will have to set the timer for each competitor.</li> <li>Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Watch with a second hand timer <input type="checkbox"/> Barrier devices (non-latex gloves, gown, goggles or safety glasses, mask) <input type="checkbox"/> Gait belt (optional) <input type="checkbox"/> Hand brush
<b><i>Personal Care</i></b>	IEP Event	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Watch with a second hand timer <input type="checkbox"/> Barrier devices (non-latex gloves, gown, goggles or safety glasses, mask) <input type="checkbox"/> Gait belt (optional) <input type="checkbox"/> Hand brush
<b><i>Physical Therapy</i></b>	<ul style="list-style-type: none"> <li>At orientation, students will receive an index card with appointment time. Students will return to the event room at least 5 minutes before their allotted time. They will have a secret scenario to solve when it is their turn to compete. Students should not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>Note that the competitor has the option of bringing and using his/her own gait belt. - You will have one patient to help you with this event. Judges scores will be averaged and added together - Judges should serve as timekeepers and stop the competitor when time is up.</li> <li>Dress code: Attire appropriate to the occupational area.</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Watch with a second hand timer <input type="checkbox"/> Gown, gloves, mask <input type="checkbox"/> Gait belt (optional)
<b><i>Pharmacy Science</i></b>	<ul style="list-style-type: none"> <li>At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students not</li> </ul>	<input type="checkbox"/> Writing utensil <input type="checkbox"/> Calculator (optional) <input type="checkbox"/> Ink pen <input type="checkbox"/> Shoe covers <input type="checkbox"/> Face mask <input type="checkbox"/> Hair cover w/ beard cover as appropriate



	<p>share the secret scenario when they leave the event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>• Students will demonstrate two skills explained in the secret scenario.</li> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Hair tie for long hair as appropriate</li> <li><input type="checkbox"/> Sterile non-shedding gown w/ snug cuffs</li> <li><input type="checkbox"/> Eye shield or goggles</li> <li><input type="checkbox"/> Sterile, powder free non-latex gloves</li> </ul>
<p><b>Prepared Speaking</b> Topic: "Towards Tomorrow"</p>	<ul style="list-style-type: none"> <li>• Competitors shall report to the orientation for the event where they will receive their appointment time. At their appointed time, each competitor will enter the event room.</li> <li>• Competitors will have a maximum of 5 minutes to deliver their prepared speech on the topic.</li> <li>• Use of index cards or electronic notes are permitted. - Props may NOT be used</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Paper or electronic notecards (optional)</li> </ul>
<p><b>Public Health</b> Topic: "Know the Signs: Stop Opioids Before They Stop You!"</p>	<ul style="list-style-type: none"> <li>• For our purposes in Montana, ALL teams will simply begin at Round #2.</li> <li>• At orientation, students will receive an appointment time, on index card.</li> <li>• 5 minutes to setup for presentation - 10 minutes to give presentation</li> <li>• This year competitors will need to bring a copy of their Verification Form (page 8-National HOSA Guidelines), but DO NOT NEED TO UPLOAD TO TALLO</li> <li>• Presentation tools such as PowerPoint, posters, music, props, costumes, and other presentation tools may be used, with the goal of developing and presenting a creative and effective public health presentation. The presentation must effectively inform the public about public health emergencies, with reference to the annual topic, when presented to mature adolescent and adult groups in the high school and community. - The competitors may NOT interact with the judges and may NOT give them anything before, after, or during the presentation.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Paper or electronic notecards (optional)</li> <li><input type="checkbox"/> Equipment and/or presentation aids to be used</li> <li><input type="checkbox"/> Writing utensil</li> </ul>
<p><b>Public Service Announcement</b> Topic: "Stop the Bleed"</p>	<ul style="list-style-type: none"> <li>• At Orientation, in a sealed envelope, each team will turn in: DVD, Air Date form, Validation form, Release form, and Copyright form.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Laptop or portable DVD player using battery power to show the PSA</li> </ul>

	<ul style="list-style-type: none"> <li>• Teams will bring a portable DVD player or laptop computer to show their PSA to the judges</li> <li>• The topic is broad in an effort to give team members flexibility and creativity in developing their PSA. The PSA should draw attention to important aspects of the topic, and inform the public in a way that will save lives and/or promote healthy behavior • The needs of the target audience should be considered when producing the PSA. A PSA that is appropriate for a school audience may not be appropriate if the target audience is senior citizens, the medical community, etc. The PSA should be viewed by the appropriate audience in the community.</li> </ul>	<input type="checkbox"/> One DVD or flash drive with 30 sec. PSA to show judges <input type="checkbox"/> Large envelope with: <input type="checkbox"/> w/ HOSA chapter (name, number, division) school name and team member names <input type="checkbox"/> Copy of PSA on DVD or flash drive <input type="checkbox"/> Signed air date form, validation form and copyright form (if needed)
<b>Researched Persuasive Speaking and Writing</b> Topic: Big Pharmaceuticals – Creating More Cures or Clients?	<ul style="list-style-type: none"> <li>• 3 copies of paper are to be turned in by 1pm to the Gallery Room.</li> <li>• At orientation, appointment times (8 min. intervals) will be distributed to students, on index cards.</li> <li>• The speech may or may not be worded exactly as written in the researched written paper. The main ideas must remain the same but the competitor may elaborate in the speech.</li> <li>• The body of the written research paper should be a maximum of two pages. The entire paper should be in Arial 12 pt. font on 8 ½ x 11 in. white paper with 1 inch side margins and 1 inch top and bottom margins. • The written research paper must be typed or word-processed and double-spaced. It must be stapled in the top left corner. The cover page must include the title only. The research paper will include the following four (4) pages: Page 1 Cover Page; Pages 2 and 3 Body of paper; Page 4 Works cited page</li> </ul>	<input type="checkbox"/> 3 copies of research paper <input type="checkbox"/> Index cards or electronic notecards (optional) <input type="checkbox"/> Watch with a second hand timer (optional)
<b>Speaking Skills</b>	IEP Event	<input type="checkbox"/> Index cards or electronic notecards (optional) <input type="checkbox"/> Watch with a second hand timer (optional)
<b>Sports Medicine</b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive appointment times on index cards. Students should arrive back 5</li> </ul>	<input type="checkbox"/> Watch with a second hand timer (optional) <input type="checkbox"/> Writing utensil

	<p>minutes before their appointment time - Students will have a secret scenario to solve when it is their turn to compete. Students not share the secret scenario when they leave the event as it is an automatic disqualification.</p> <ul style="list-style-type: none"> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Underwrap of any size, color, or type</li> <li><input type="checkbox"/> Athletic tape appropriate for skills</li> <li><input type="checkbox"/> Elastic wrap</li> <li><input type="checkbox"/> Tape scissors or tape cutter</li> <li><input type="checkbox"/> Heel or lace coated with friction proofing material</li> </ul>
<b><i>Surgical Tech</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Dress code: Attire appropriate to the occupational area</li> <li>• This year Montana HOSA will provide all equipment.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> This year Montana HOSA will provide all equipment</li> </ul>
<b><i>Veterinary Science</i></b>	<ul style="list-style-type: none"> <li>• At orientation, students will receive appointment times on index cards. Students will return to the event room at least 5 minutes before their allotted time. Students will have a secret scenario to solve when it is their turn to compete. Students not share the secret scenario when they leave the event as it is an automatic disqualification.</li> <li>• Two or three skill procedures will be performed by the student</li> <li>• Dress code: Attire appropriate to the occupational area</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Watch with a second hand timer (optional)</li> <li><input type="checkbox"/> Writing utensil</li> <li><input type="checkbox"/> Sterile non-latex surgical gloves</li> <li><input type="checkbox"/> Exam non-latex gloves</li> <li><input type="checkbox"/> 2-4" wide gauze roll (18" or longer)</li> </ul>

\*Biggest changes from SLC to ILC are:

- all binders will need to be official HOSA portfolios or binders at the ILC level
- TALLO guidelines will be different at ILC. Be sure to check all events with a TALLO component